

CHART I. - COMMUNIST COERCIVE METHODS  
FOR ELICITING INDIVIDUAL COMPLIANCE

General Method	Effect (Purposes?)	Variants
1. Isolation	Deprives Victim of all Social Support of his Ability to Resist Develops an Intense Concern with Self Makes Victim Dependent on Interrogator	Complete Solitary Confinement Complete Isolation Semi-Isolation Group Isolation
2. Monopolization of Perception	Fixes Attention upon Immediate Predicament; Fosters Introspection Eliminates Stimuli Competing with those Controlled by Captor Frustrates all Actions not Consistent with Compliance	Physical Isolation Darkness or Bright Light Barren Environment Restricted Movement Monotonous Food
3. Induced Debilitation Exhaustion	Weakens Mental and Physical Ability to Resist	Semi-Starvation Exposure Exploitation of Wounds; Induced Illness Sleep Deprivation Prolonged Constraint Prolonged Interrogation or Forced Writing Over Exertion
4. Threats	Cultivates Anxiety and Despair	Threats of Death Threats of Non-repatriation Threats of Endless-Isolation and interrogation Vague Threats Threats Against Family Mysterious Changes of Treatment
5. Occasional Indulgences	Provides Positive Motivation for Compliance Hinders Adjustment to Deprivation	Occasional Favors Fluctuations of Interrogators' Attitudes Promises Rewards for Partial Compliance Tantalizing
6. Demonstrating "Omnipotence" and "Omniscience"	Suggests Futility of Resistance	Confrontations Pretending Cooperation Taken for Granted Demonstrating Complete Control over Victim's Fate
7. Degradation	Makes Costs of Resistance Appear More Damaging to Self-Esteem than Capitulation Reduces Prisoner to "Animal Level" Concerns	Personal Hygiene Prevented Filthy, Infested Surroundings Demeaning Punishments Insults and Taunts Denial of Privacy
8. Enforcing Trivial Demands	Develops Habit of Compliance	Forced Writing Enforcement of Minute Rules

CHART II. RESPONSES TO DEMANDS FOR FALSE CONFESSIONS:  
RESISTANCE AND COMPLIANCE

Complete Resistance	<p>Refuses to Cooperate in Interrogation</p> <p>Refuses to Engage in any Discussion with Interrogator</p> <p>Refuses to Affirm or Deny Accusations or Respond to Implicit Accusations</p> <p>Ridicules Accusations; Refuses to Discuss Them Seriously</p> <p>Responds with Indignation to Accusations</p>
Defensive Resistance	<p>Makes Simple Denial of Accusation</p> <p>Denies that Captor has Moral or Factual Basis for making Accusation</p> <p>Makes Statements and Depositions to Prove Innocence</p> <p>Makes Statement that Suspicion was Reasonable, "Investigation" Fair and Justified, but Protests Innocence</p>
Defensive Compliance	<p>Makes Statement of Possibility that "Crime" was Unwittingly Committed</p> <p>Makes Statement of "Objective Guilt"; i.e., that Results were "Criminal" Irrespective of the Motives</p> <p>Makes ambiguous Statement, Containing no Explicit Admissions but which Constitutes a "Confession" by Implication</p> <p>Agrees to Comply, but Fails to Carry Through; e.g., Writes "Confession", but Refuses to Sign it</p> <p>Makes Obviously Unacceptable, "Sabotaged" "Confession"; i.e., makes Deposition with Obvious Inconsistencies, Contradictions or Indications that it was Obtained Through Coercion</p> <p>Accuses Associates, but Maintains Own Innocence</p> <p>Makes Incomplete "Confession"; i.e., Simple Admission of Acts Without Supporting Details Required to Make "Confession" Convincing and Without Expressions of "Repentance", Makes Statement Rationalized as "Harmless"</p> <p>Makes "Compromise" Deposition; Bargains with Interrogator for Acceptance of "Confession" of Lesser Crime, or for Altering Details of Deposition to Make it Less Offensive</p> <p>Alternately "Confesses" and Retracts</p> <p>Completes "Acceptable Confession", but Refuses Further Cooperation; e.g., Refuses to Implicate Others, to Make Recordings, Films or Elaborations of "Confession"</p>
Active Compliance	<p>"Confesses" to "Criminal Tendencies"; i.e., Makes Statement that his Attitude was as Criminal as if he had Actually Committed Alleged Crime</p> <p>Makes "Subtly Sabotaged" "Confession"; i.e., Incorporates Veiled Communications to Outsiders, but Without Making "Confession" Unacceptable to Interrogator</p> <p>Completely Cooperates in all Explicit Demands Associated with Theme of "Confession"; Pretends to Accept Guilt</p> <p>Strives to Please Captor; to Anticipate Demands; Pretends Repentance</p>
Complete Compliance	<p>Accepts "Objective Truth" of "Guilt"; Shows Involuntary Symptoms of Remorse</p> <p>Accepts "Guilt" as Literally True</p> <p>Makes Behavioral Choices Indicative of Complete Identification with and Commitment to Captor</p>

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COERCIVE EXPLOITATION TECHNIQUE

PURPOSE

METHOD OF APPLICATION

RESISTANCE TECHNIQUES

1 ISOLATION:

1. Deprives recipient of all social support of his ability to resist.
2. Develops self concern.
3. Develops dependency.

1. Complete solitary confinement.
2. Complete isolation

1. Keep mind busy.
2. Avoid anxiety producing thoughts.
3. Exercise.
4. Attempt to communicate.

6 CREATION OF ANXIETY, FEAR AND DESPAIR:

Weakens mental ability to resist exploitation.

Threats:  
Immediate  
Long range  
Vague

1. Call bluff.
2. Realize purpose of bad news only.
3. Try not to worry.

2 INDUCED PHYSICAL WEAKNESS & EXHAUSTION:

Weakens mental & physical ability to resist.

Deprivations:  
Food  
Water  
Sleep  
Medical care

Exposure:  
Prolonged constraint  
Over exertion  
Forced writing  
Elements

1. Accept food & water if offered when it will strengthen your resistance.
2. Do nothing that will sap your physical & mental energy unnecessarily.
3. Set yourself a goal and attempt to condition yourself psychologically for anything you may be confronted with.

9 OMNIPOTENCE:

Suggests futility of resistance

1. Demonstrating complete control over victim's fate.
2. Pretending cooperation taken for granted.

1. Remind yourself of their need for something from you.
2. Understand that resistance is possible.

PURPOSE	METHOD OF APPLICATION	RESISTANCE TECHNIQUES
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ALTERNATION OF PUNISHMENT AND REWARD:

<p>5</p> <p>1. Provides positive motivation for compliance.</p> <p>2. Hinders adjustment to deprivation.</p>	<p>1. Occasional favors.</p> <p>2. Fluctuations of interrogator's attitudes.</p> <p>3. Promises.</p> <p>4. Rewards for partial compliance.</p> <p>5. Tantalizing.</p> <p>6. Mysterious changes of treatment.</p>	<p>1. Do not believe promises.</p> <p>2. When the treatment is good, enjoy it; when bad, endure it. + <i>Complain</i></p> <p>3. Realize you have nothing to say about treatment.</p>
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4 ENFORCEMENT OF TRIVIAL AND ABSURD DEMANDS:

<p>4</p> <p>Develops habit of compliance.</p>	<p>Continual harping on compliance with petty demands.</p>	<p>1. Check alternative.</p> <p>2. Call their bluff.</p> <p>3. Break compliance pattern.</p>
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3 DEGRADATION:

<p>3</p> <p>1. Makes cost of resistance appear more damaging to self esteem than capitulation.</p> <p>2. Reduces prisoner to "animal" state.</p>	<p>1. Personal hygiene prevented.</p> <p>2. Filthy, infested surroundings.</p> <p>3. Demeaning punishments.</p> <p>4. Insults and taunts.</p> <p>5. Denial of privacy.</p>	<p>1. Muster all the dignity you can.</p> <p>2. Keep your self-respect.</p> <p>3. We cannot be degraded by those we consider inferior.</p>
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8 PHYSICAL DURESS SELF INFLICTED PAIN:

<p>8</p> <p>Weakens mental &amp; physical ability to resist exploitation.</p>	<p>1. Prolonged standing and/or sitting in uncomfortable positions.</p> <p>2. Any forced assumption of a pain producing position.</p>	<p>1. Check alternative.</p> <p>2. Simulate fainting.</p> <p>3. Don't continue self-inflicted pain out of pride.</p>
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PURPOSE	METHOD OF APPLICATION	RESISTANCE TECHNIQUES
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PHYSICAL DURESS VIOLENCE AND TORTURE:

Weakens mental and physical ability to resist exploitation.

1. Beatings, kicking, etc.
2. Bamboo splinters under fingernails.
3. Other products of imagination.

Hide signs of fear.